

Variable	Mean	SD	Min	Max
Age	38.4	10.2	24	62
Gender				
Male	50			
Female	50			
Marital status				
Married	50			
Single	50			
Divorced	50			
Widowed	50			
Other	50			
Education				
High school	50			
College	50			
Postgraduate	50			
Other	50			
Occupation				
Manager	50			
Professional	50			
Technician	50			
Service	50			
Other	50			
Income				
Low	50			
Medium	50			
High	50			
Other	50			
Health status				
Good	50			
Fair	50			
Poor	50			
Other	50			
Smoking status				
Smoker	50			
Nonsmoker	50			
Other	50			
Alcohol consumption				
Frequent	50			
Occasional	50			
Never	50			
Other	50			
Exercise frequency				
Daily	50			
Weekly	50			
Monthly	50			
Never	50			
Other	50			
Stress level				
Low	50			
Medium	50			
High	50			
Other	50			
Life satisfaction				
Satisfied	50			
Dissatisfied	50			
Other	50			
Depression score				
Low	50			
Medium	50			
High	50			
Other	50			
Anxiety score				
Low	50			
Medium	50			
High	50			
Other	50			
Quality of life score				
High	50			
Medium	50			
Low	50			
Other	50			

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